



# MORINGA BERRY SMOOTHIE

**SERVES: 4**

**PREP TIME: 10 MINUTES**

- ½ cup plain low-fat Greek yogurt
- ½ cup cut steel cut oats
- 2 cups coconut milk
- 1 cup frozen raspberries
- 1 frozen banana
- 1 cup frozen strawberries
- 1 Tbsp moringa powder

1. Combine all ingredients in a blender.
2. Blend until mixture reaches desired texture.
3. Enjoy!

## **Recipe created by:**

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To find more delicious ways to use moringa, visit <http://ucanr.edu/moringa>