



MORINGA ENERGY BITES

SERVES: 10 (2 bites each)

PREP TIME: 30 MINUTES

- ½ cup creamy peanut butter
- 1 Tbsp moringa powder
- 3 Tbsp cocoa powder
- 1 tsp vanilla
- 1/3 cup honey
- 1/3 cup agave nectar
- ½ cup ground flax seed (Golden Flax from Bob's Red Mill if possible)
- 1 cup old-fashioned oats
- 1 ½ cups Rice Krispies

Recipe created by:

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1. In a mixing bowl, combine peanut butter, vanilla, cocoa powder, honey, agave nectar and moringa powder.
2. Stir in ground flax seed, oats and Rice Krispies and mix until evenly coated.
3. Shape dough into bite-sized balls, approximately 1-inch in diameter.
4. Refrigerate in an airtight container for 30 minutes before serving.

To find more delicious ways to use moringa, visit <http://ucanr.edu/moringa>